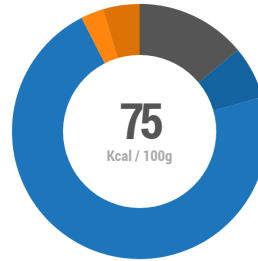


By Sinead Bradbury

OVERVIEW ...

U / 12769248



7.5% Fat

FOOD LABELLING...

Serves **1**

	PER 100G	%RI	PER 207G SERVING	%RI
Energy(Kj)	341 kJ	4%	706 kJ	8%
Energy(kcal)	81 kcal	4%	167 kcal	8%
Fat	0.6 g	1%	1.3 g	2%
of which saturates	0.4 g	2%	0.8 g	4%
Carbohydrate	15 g	6%	31 g	12%
of which sugars	1.2 g	1%	2.6 g	3%
Fibre	2.9 g	12%	5.9 g	24%
Protein	2.6 g	5%	5.4 g	11%
Salt	0.5 g	8%	1 g	17%

CONTAINS:



NUTRIENT BREAKDOWN PER 100G...

[illegible]

Maltose
Lactose

Iodine

GL
Caffeine

RECIPE INGREDIENTS ...

QUANTITY:

DESCRIPTION:

METHOD:

Grated Cheese March '25..
CATHEDRAL CITY

U

2g

0.07 x per 30g serving

unchanged

Baby Potatoes..
POTATOES

U

165g

unchanged

Baked Beans..
BAKED BEANS

U

40g

unchanged

PRODUCTS / PACK SIZES ...

1 Serving



🕒 207g / 167kcal

1.0

INGREDIENT LIST (QUID) ...

Potatoes (79.7%) [Potatoes, Water, Salt, Firming Agent(Calcium Chloride)], Baked Beans (19.3%) [Navy Beans, Tomatoes, Water, Sugar, Modified Maize Starch, Salt, Wine Vinegar, Acidity Regulator: Ascorbic Acid, Flavourings, Paprika Extract], Grated Cheese March '25 (0.97%) [Pasteurised **Milk**, Salt, Microbial Rennet, Starter Culture, Colour (E160b(ii))]
ALLERGY ADVICE: For allergens, see ingredients in **Bold**

COOKING INSTRUCTIONS & NOTES

INGREDIENTS

165g Potatoes ()
40g Baked beans ()
2g Grated Cheese March '25 (0.07 x per 30g serving)

METHOD

No Cooking Instructions